



NutriNOR
National Research School in Nutrition



Norsk Selskap for
Ernæring
NORWEGIAN NUTRITION SOCIETY



FINNISH SOCIETY
FOR NUTRITION
RESEARCH



Nordic Nutrition Summer Symposium

27-30 September 2026

WHO:

PhD students and early career researchers in Nutrition and Food Science from the Nordic Countries.

WHERE:

University of Agder (UiA), Kristiansand, Norway

WHEN:

27-30 September 2026

WHAT:

NNSS is organised by NutriNOR (Norwegian Research School in Nutrition), the Norwegian Nutrition Society, the Finnish Society for Nutrition Research, the Danish Nutrition Society, the Swedish National Committee of Nutritional Science and the Nutrition Society of Iceland. It will consist of lectures and workshops with experts in the field of nutrition and patient reported outcomes, own presentations by the participants, and an attractive social programme for network building across the Nordic countries.

Time	Sunday 27 September
All day	Arrival in Kristiansand
17	Walk to the Odderøya island. Meeting point: Fiskebrygga . Please be there at 16:50.
19:30	Dinner at Teateret

Time	Monday 28 September
9-12	Patient reported outcome measures (PROMs): Introduction, concepts and applications of Health-related quality of life measures and beyond (breaks included) Elisabeth G. Beisland, Western Norway University of Applied Sciences, Norway
12-13	Nutrition literacy Birna Thorsdottir, University of Iceland
13-14	Lunch
14-16	Use of purchase data in nutrition research: A chance for big data analysis? Henna Vepsäläinen, University of Helsinki, Finland
17:30	Guided tour of the Kunstsilo art museum. Please be there at 17:20.
19:30	Dinner at Sjøhuset

Time	Tuesday 29 September
9-11	Introduction to science communication "From draft to publication: Practical tips to facilitate scientific writing" Henna Vepsäläinen, University of Helsinki, Finland
11-13	Presentations by participants Individual coaching by trainers from University of Agder, Norway
13-14	Lunch
14-16	Presentations by participants Individual coaching by trainers from University of Agder, Norway
17:30	Guided city walk. Meeting point: Kristiansand Domkirke . Please be there at 17:20.
19:30	Dinner at Bønder i byen

Time	Wednesday 30 September
9-13	Qualitative methods in nutrition research Anu Joki, University of Helsinki, Finland Terhi Koivumäki, Tampere University, Finland
13-14	Lunch
14-15:45	Qualitative methods in nutrition research Terhi Koivumäki, Tampere University, Finland
15:45 -16	Closing remarks

Venue

The NNSS will be held at the University of Agder, Universitetsveien 5, 4630 Kristiansand. The exact campus location is Læringsverkstedet on the third floor in Vitensenteret. You can find it on [this Mazemap](#).

Transport to the venue

You can walk to the venue, which is about 2 km (about 30 minutes) from Hotel Scandic Bystranda. If you prefer to take the bus, go to the bus stop called "Kvadraturen videregående skole" (about 5 minutes from Hotel Scandic Bystranda). Take the bus to the stop called "Universitetet". The bus ride takes about 6 minutes. You can take one of the following buses: M1, M2, M3, M4, 35, 12, 19. We recommend that you download the [AKT Billett app](#) to buy your bus tickets.

Transport to and from the airport

The bus ride from Kjevik airport to the city centre of Kristiansand takes about 17 minutes. You can take buses 35 and 36.

Contact information

Please do not hesitate to contact us at nutrinor@uib.no if you have questions or there is anything else we can help you with.

If you are late or need help finding the venue, etc., you can call Anine Christine Medin on (0047) 47463893 or Jutta Dierkes on (0047) 91746140.